The smaller town of Jaipur too does well in terms of Health Ranking. Jaipur does well on the overall effort ranking too. They are concerned about food intake and track food logs the most. They also don’t have too much stress. Therefore, a better ranking on acidity and indigestion too. They have a good average sleep crossing the 7 hour mark. The city has the best BMI ranking, most in the normal zone. They have a higher prevalence of alcohol and smoking. Higher underweight population in the city.
Thyroid: 10.4%
Heart Issues: 9.6%
Acidity/Indigestion: 23.2%

Allergies: 16.7%
Aches and Pains: 15.0%

% of People Falling Sick More than Twice a year:

- Allergies: 16.7%
- Aches and Pains: 15.0%

Average Steps: 7290 (Rank 9)
Average Water intake (in lts): 2.3 (Rank 3)
Average Food Logs: 2.6 (Rank 1)
Average Sleep (in hours): 7.1 (Rank 2)

Stress Management Score: 2.9 (Rank 2)
Alcohol: 42.2% (Rank 14)
Smoking: 21.3% (Rank 12)

HRA Score - % of People in the UnHealthy bracket: 55.3% (Rank 1)