Bhopal has a great BMI rank and is concerned about their food habits. But, it trails behind overall. Bhopal doesn’t do well on the lifestyle diseases front and they have a lot of allergies as well. The reason behind the low rank could be attributed to the low step count average and a high incidence of people who drink and smoke as well. This has lead to 63.3% of the people falling in the unhealthy bracket in the city. Overall, Bhopal needs to walk more and reduce the vices that harm the body.